

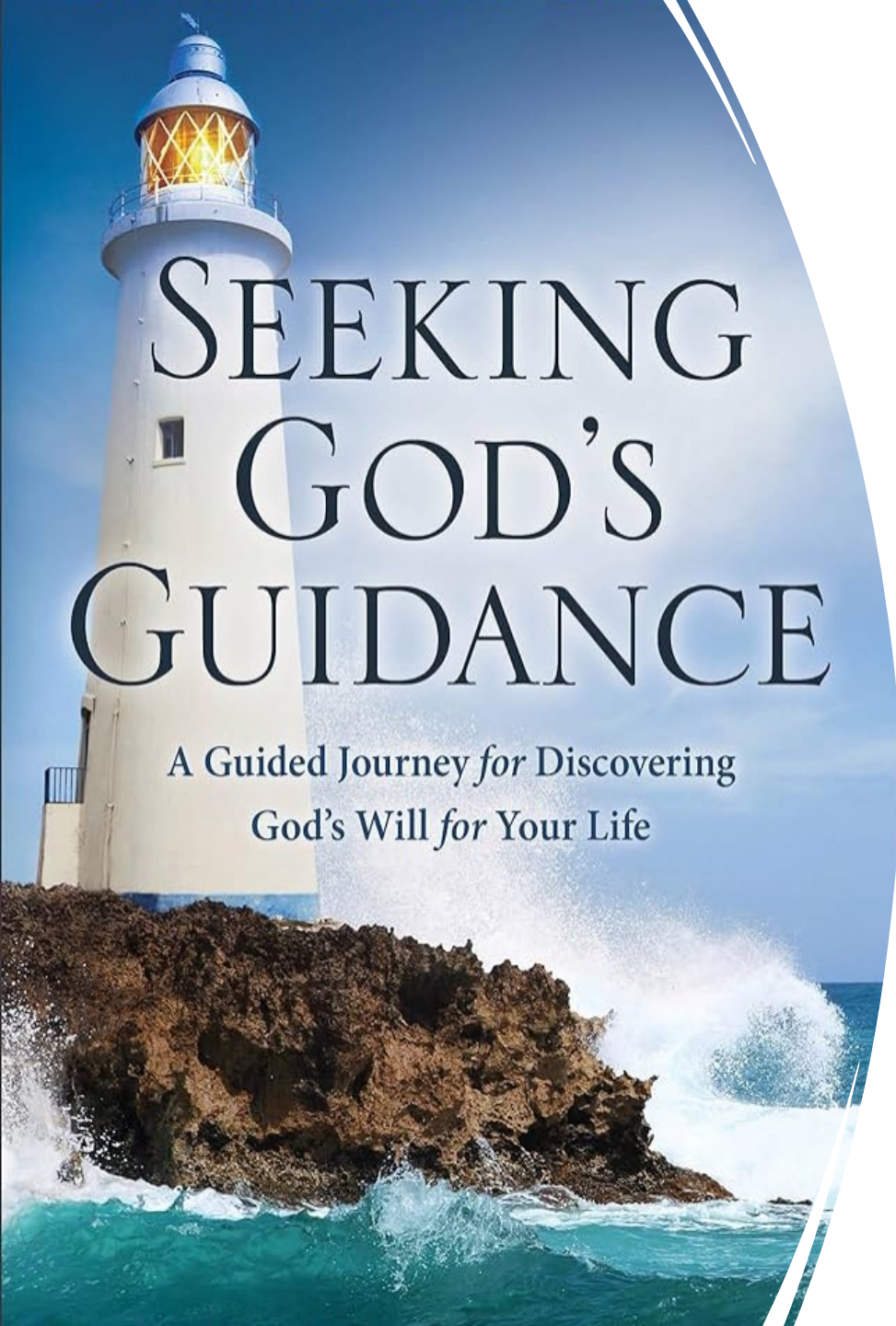


Watch + Pray

Meditation and Prayer During Lent

TCE Lent 2024-Day 33: 22-March-2024

Led by: Bala Asirvatham & Helen Amos



SEEKING GOD'S GUIDANCE

A Guided Journey *for* Discovering
God's Will *for* Your Life

Lent 2024: Today's Daily Prayer theme

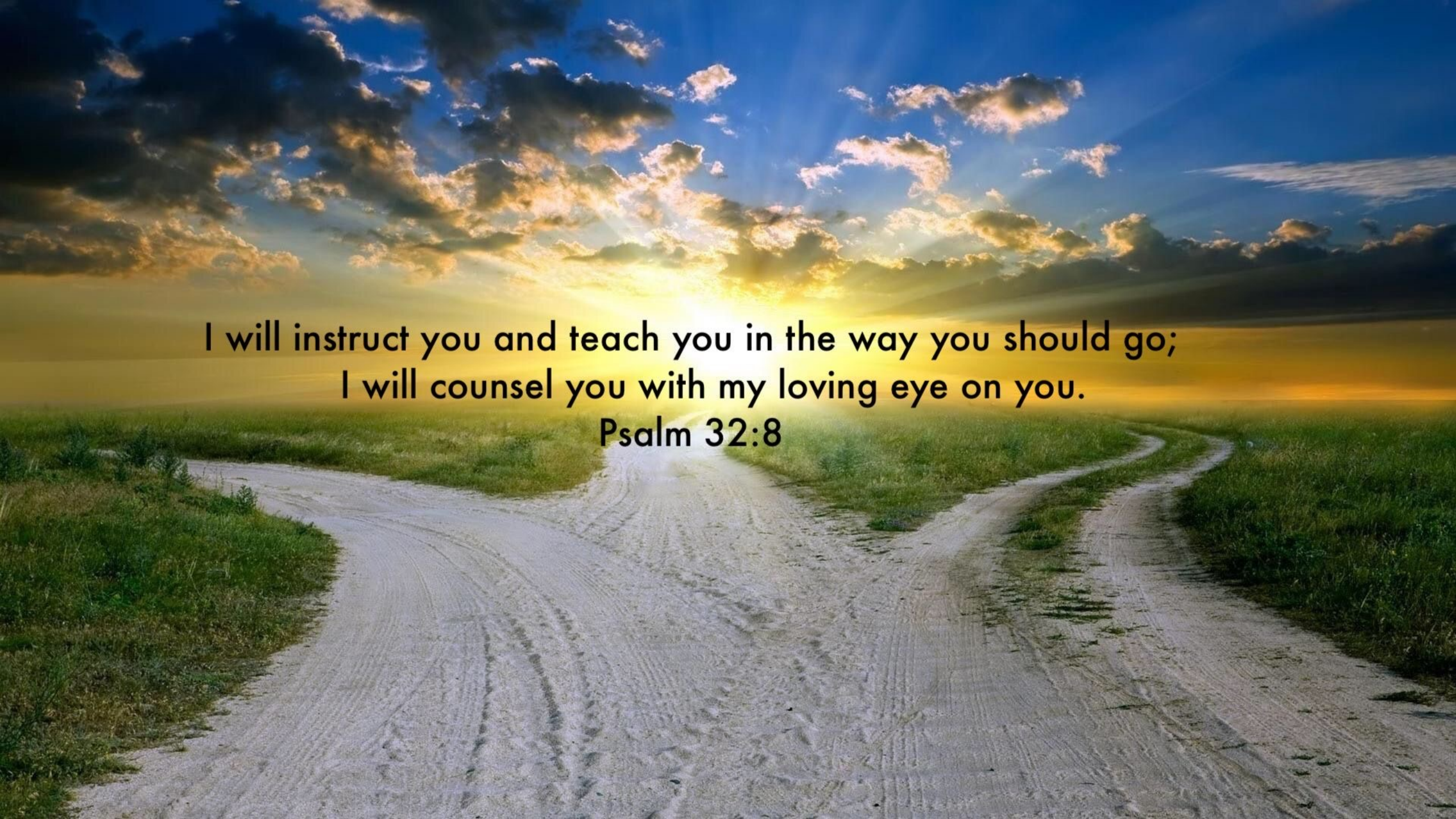
Opening Prayer

Loving Heavenly Father, we come before you seeking your guidance and wisdom in every aspect of our lives.

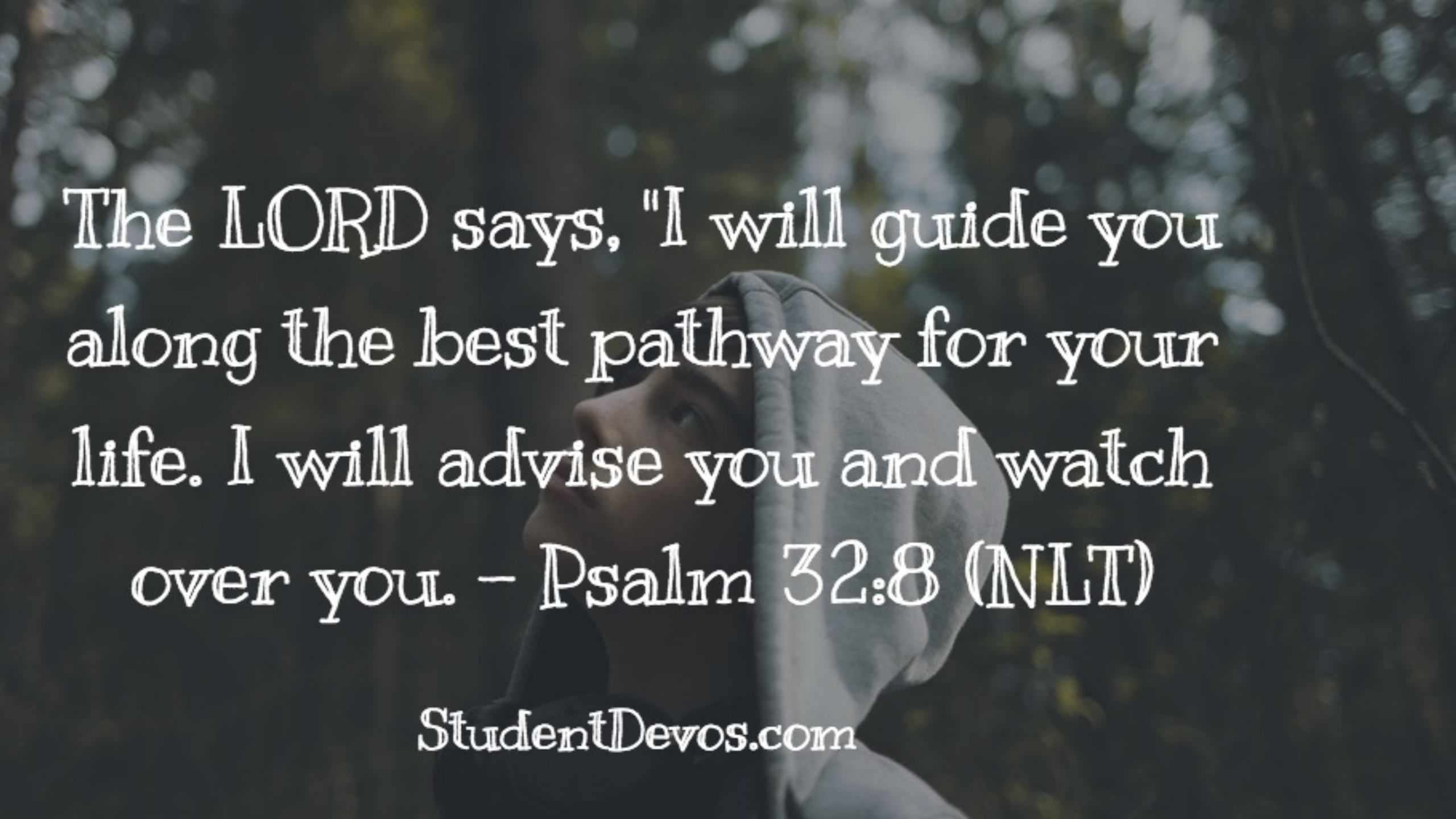
We acknowledge our need for your direction and insight as we navigate the challenges and decisions before us. Help us to quiet our hearts and minds to hear your voice and to follow where you lead.

In the name of the Father, Son, and Holy Spirit, Amen.”



A dirt road splits into two paths leading towards a sunset over a field. The sun is low on the horizon, casting a golden glow over the scene. The sky is filled with dramatic, dark clouds, some of which are illuminated from below by the sun, creating a silhouette effect. The foreground shows the texture of the dirt road and the green grass on either side.

I will instruct you and teach you in the way you should go;
I will counsel you with my loving eye on you.
Psalm 32:8

A young man wearing a grey hoodie is shown in profile, looking upwards with a contemplative expression. The background consists of out-of-focus green and brown foliage, suggesting an outdoor setting. The overall tone is serene and reflective.

The LORD says, "I will guide you
along the best pathway for your
life. I will advise you and watch
over you. - Psalm 32:8 (NLT)

StudentDevos.com

THY WORD IS A LAMP UNTO MY FEET

[Link to the song](#)

He Will Carry You

Scott Wesley Brown

[Link to the song](#)



Reflection and Journaling



Invite the Holy Spirit to guide your thoughts and emotions during this time of reflection and meditation.

- Consider the areas in your life where you need God's direction and clarity.

Journal (write-down):

Take a few moments to journal your reflection and meditation:

- Consider three specific practical steps that you can (or continue to) take to align your desires and decisions with God's will.



Pray as the Lord leads you...





Closing Prayer...

Gracious Heavenly Father, we thank you for the promise of your guidance and wisdom in our lives.

Help us to trust in your leading and to follow where you call us, even when the path is unknown or uncertain. Grant us the faith to step out in obedience and the courage to surrender our plans to yours.

May your will be done in our lives, and may we walk in step with your Spirit. We offer this prayer in the beautiful name of Jesus Christ, our Lord. Amen.”

Lent 2024: Daily Meditation and Prayer Themes



Day 1: Wednesday, 14-Feb-24: Ash Wednesday @TCE

Day 2: Thursday, 15-Feb-24: Forgiveness and Reconciliation

Day 3: Friday, 16-Feb-24: Compassion and Mercy

Day 4: Saturday, 17-Feb-24: Temptation and Strength

Day 5: Monday, 19-Feb-24: Humility and Self-Examination

Day 6: Tuesday, 20-Feb-24: Trust and Surrender

Day 7: Wednesday, 21-Feb-24: Communal Prayer at 8 p.m. @TCE

Day 8: Thursday, 22-Feb-24: Gratitude and Thanksgiving

Day 9: Friday, 23-Feb-24: Fasting and Prayer

Day 10: Saturday, 24-Feb-24: Sacrifice and Penance

Lent 2024: Daily Meditation and Prayer Themes



Day 11: Monday, 26-Feb-24: Spiritual Discipline and Perseverance

Day 12: Tuesday, 27-Feb-24: Transformation and Growth

Day 13: Wednesday, 28-Feb-24: Communal Prayer at 8 p.m. @TCE

Day 14: Thursday, 29-Feb-24: Prayer and Contemplation

Day 15: Friday, 1-Mar-24: Generosity and Stewardship

Day 16: Saturday, 2-Mar-24: Healing and Restoration

Day 17: Monday, 4-Mar-24: Faith and Trust in God's Promise

Day 18: Tuesday, 5-Mar-24: Justice and Righteousness

Day 19: Wednesday, 6-Mar-24: Communal Prayer at 8 p.m. @TCE

Day 20: Thursday, 7-Mar-24: Community and Fellowship

Day 21: Friday, 8-Mar-24: Grace and Forgiveness

Day 22: Saturday, 9-Mar-24: Compassion and Marginalised

Lent 2024: Daily Meditation and Prayer Themes



Day 23: Monday, 11-Mar-24: Renewal of Faith

Day 24: Tuesday, 12-Mar-24: Detachment from Worldly desires

Day 25: Wednesday, 13-Mar-24: Communal Prayer at 8 p.m. @TCE

Day 26: Thursday, 14-Mar-24: Integrity and Honesty

Day 27: Friday, 15-Mar-24: Redemption and Suffering

Day 28: Saturday, 16-Mar-24: Rest and Reflection

Day 29: Monday, 18-Mar-24: Patience and Perseverance

Day 30: Tuesday, 19-Mar-24: Trust in God's Providence

Day 31: Wednesday, 20-Mar-24: Communal Prayer at 8 p.m. @TCE

Day 32: Thursday, 21-Mar-24: Gratitude for Blessings

Day 33: Friday, 22-Mar-24: Seeking God's Guidance

Day 34: Saturday, 23-Mar-24: Renewal and Commitment

During 25th-to 30th March Holy Week Service will be @TCE.



watch
+ pray