



# Meditation and Prayer During Lent

TCE Lent 2024-Day 12: 27-February-2024

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Day 12: 27<sup>th</sup> February 2024: Today's Theme for Meditation and Prayer

*growth* <sup>AND</sup>  
**TRANSFORMATION**





## Opening Prayer

Loving Heavenly Father, as we come before you, we acknowledge our desire for growth and transformation in our lives.

Grant us the wisdom to embrace change, the courage to let go of what holds us back, and the faith to trust in your guiding hand.

May this time of meditation and prayer be a catalyst for growth and transformation of our hearts and minds.

In the name of the Father, Son, and Holy Spirit, Amen.”





And do not be conformed to this world,  
but be transformed by the renewing of your  
mind, that you may prove what is that good  
and acceptable and perfect will of God.

ROMANS 12:2  
CrossCards.com

LET YOUR **ROOTS**  
GROW DOWN INTO **HIM,**  
& LET YOUR **LIVES**  
BE *built* ON **HIM.**  
THEN YOUR **F·A·I·T·H** →  
WILL GROW **STRONG**  
IN THE **TRUTH**  
YOU WERE **TAUGHT.**

COLOSSIANS 2:7





# The Potter's Hand

*Song by Hillsong Worship*

[Link to the song](#)



# REFINER'S FIRE

[Link to the song](#)

# Reflection & Meditation and Journaling



Invite the Holy Spirit to guide your thoughts and emotions during this time of reflection and meditation.

- Reflect on any patterns or habits in your life that may be hindering your growth.
- Consider areas in your life where you sense the need for change and growth.
- Meditate on the ways in which God is calling you to deeper intimacy and conformity to His will.

## **Journal (write-down):**

Take a few moments to journal your reflection and meditation:

- Consider specific areas where you feel called to surrender to God's transformative work.
- What are the three goals you can prayerfully set for your change and growth?





Pray as the Lord leads you...





## Closing Prayer...

Loving Heavenly Father,

We thank you for the promise of transformation and growth that comes through your grace and power.

As we conclude this time of prayer, we surrender ourselves to your shaping hands, trusting that you are at work in our lives.

Grant us the courage to embrace change and the faith to follow where you lead us.

May our lives bear witness to your transformative love and power. We offer this prayer in the name of Jesus Christ, our Lord. Amen.



# Lent 2024: Daily Meditation and Prayer Themes



Day 1: Wednesday, 14-Feb-24: Ash Wednesday @TCE

Day 2: Thursday, 15-Feb-24: Forgiveness and Reconciliation

Day 3: Friday, 16-Feb-24: Compassion and Mercy

Day 4: Saturday, 17-Feb-24: Temptation and Strength

Day 5: Monday, 19-Feb-24: Humility and Self-Examination

Day 6: Tuesday, 20-Feb-24: Trust and Surrender

Day 7: Wednesday, 21-Feb-24: Communal Prayer at 8 p.m. @TCE

Day 8: Thursday, 22-Feb-24: Gratitude and Thanksgiving

Day 9: Friday, 23-Feb-24: Fasting and Prayer

Day 10: Saturday, 24-Feb-24: Sacrifice and Penance

# Lent 2024: Daily Meditation and Prayer Themes



Day 11: Monday, 26-Feb-24: Spiritual Discipline and Perseverance

Day 12: Tuesday, 27-Feb-24: Transformation and Growth

Day 13: Wednesday, 28-Feb-24: Communal Prayer at 8 p.m. @TCE

Day 14: Thursday, 29-Feb-24: Prayer and Contemplation

Day 15: Friday, 1-Mar-24: Generosity and Stewardship

Day 16: Saturday, 2-Mar-24: Healing and Restoration

Day 17: Monday, 4-Mar-24: Faith and Trust in God's Promise

Day 18: Tuesday, 5-Mar-24: Justice and Righteousness

Day 19: Wednesday, 6-Mar-24: Communal Prayer at 8 p.m. @TCE

Day 20: Thursday, 7-Mar-24: Community and Fellowship

Day 21: Friday, 8-Mar-24: Grace and Forgiveness

Day 22: Saturday, 9-Mar-24: Compassion and Marginalised



# Lent 2024: Daily Meditation and Prayer Themes



Day 23: Monday, 11-Mar-24: Renewal of Faith

Day 24: Tuesday, 12-Mar-24: Detachment from Worldly desires

Day 25: Wednesday, 13-Mar-24: Communal Prayer at 8 p.m. @TCE

Day 26: Thursday, 14-Mar-24: Integrity and Honesty

Day 27: Friday, 15-Mar-24: Redemption and Suffering

Day 28: Saturday, 16-Mar-24: Rest and Reflection

Day 29: Monday, 18-Mar-24: Patience and Perseverance

Day 30: Tuesday, 19-Mar-24: Trust in God's Providence

Day 31: Wednesday, 20-Mar-24: Communal Prayer at 8 p.m. @TCE

Day 32: Thursday, 21-Mar-24: Gratitude for Blessings

Day 33: Friday, 22-Mar-24: Seeking God's Guidance

Day 34: Saturday, 23-Mar-24: Renewal and Commitment

During 25th-to 30th March Holy Week Service will be @TCE.



watch  
+ pray